

Rethink *your child's* Asthma

thenextbreath.com

When you and your family have a better understanding of how to manage your child's asthma, everyone benefits.

YES

NO

- | | | | |
|----|---|-----------------------|-----------------------|
| 1. | Does your child have significant asthma symptoms more than 2X per week? | <input type="radio"/> | <input type="radio"/> |
| 2. | Does your child lose sleep due to asthma? | <input type="radio"/> | <input type="radio"/> |
| 3. | Does your child need to use a quick-relief medication more than 2X per week? | <input type="radio"/> | <input type="radio"/> |
| 4. | Are your child's asthma triggers changing or getting worse? | <input type="radio"/> | <input type="radio"/> |
| 5. | Does your child shy away from physical activities like running and active sports? | <input type="radio"/> | <input type="radio"/> |
| 6. | Does your child miss out on activities with their friends every week because of asthma? | <input type="radio"/> | <input type="radio"/> |
| 7. | Does your child become sad when they can't participate in activities with friends? | <input type="radio"/> | <input type="radio"/> |
| 8. | Do you or your child ask how long they'll have asthma? | <input type="radio"/> | <input type="radio"/> |

Print this page and answer the questions with your child to have better conversations with their doctor.