

**Living With Nasal Polyps:  
The Next  
Step Forward**

“With nasal polyps,  
I feel like my nose is  
always running.”





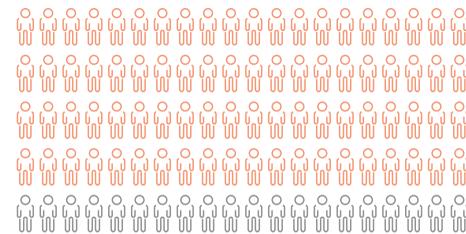
**Advancing  
science,  
a deeper  
understanding**

Many people live with the symptoms of nasal polyps, known as chronic rhinosinusitis with nasal polyposis (CRSwNP)—and have accepted their constant runny nose, nasal congestion, facial pain, and loss of smell as “just the way it is.”

And many—like you—may have experienced this condition for years. But if your nasal polyp symptoms are messy and bothersome, and they interfere with your daily activities, it’s important to know that science is advancing what we know about nasal polyps.

# A different kind of inflammation

Research in nasal polyp science confirms that a specific kind of inflammation inside your body can be associated with nasal polyps. It's called type 2 inflammation, and it can also be associated with other inflammatory diseases, including asthma and eczema (atopic dermatitis).



80%

OF PEOPLE LIVING WITH NASAL POLYPS HAVE TYPE 2 INFLAMMATION.\*

Current solutions, such as nasal sprays, steroids, and surgery can be effective. However, they don't always provide lasting relief, because they don't target the underlying type 2 inflammation associated with nasal polyps. **And more than half of those who do have surgery may experience nasal polyp regrowth—and a return of their symptoms.**

\*Data specific to Western countries.

**“Nasal polyps  
make me feel like  
I’m being  
smothered.”**

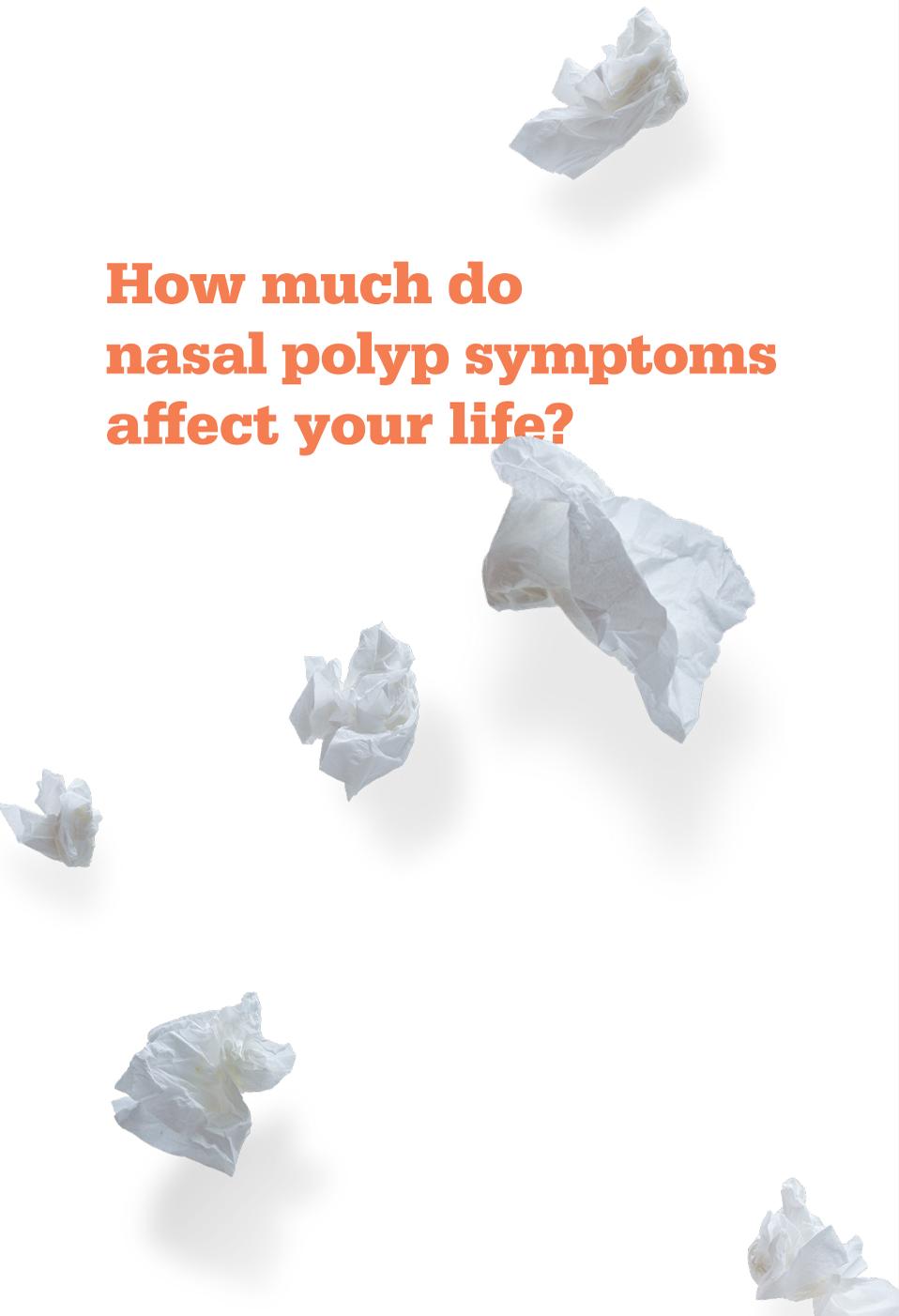
Feel the same?  
Learn more about advances in nasal polyp science.



# Hope starts with talking to your doctor and making a plan today

Being proactive about managing your nasal polyps and having an open conversation with your doctor may positively influence how you manage your nasal polyps and help improve how you feel on a daily basis.





## How much do nasal polyp symptoms affect your life?

Complete this survey and share with your doctor:

- 
- 1 You regularly have difficulty breathing through your nose.  
 Yes  No
- 
- 2 You find that you're regularly congested.  
 Yes  No
- 
- 3 You can't leave the house without tissues.  
 Yes  No
- 
- 4 Your nasal polyps give you facial pain and pressure.  
 Yes  No
- 
- 5 You can't enjoy what's around you because you've lost your sense of smell.  
 Yes  No
- 
- 6 Your nasal polyp symptoms regularly wake you up at night.  
 Yes  No
- 
- 7 You regularly wake up tired and feel fatigued throughout your day.  
 Yes  No
- 
- 8 You have symptoms that affect your productivity and have an impact on your ability to work or engage in daily activities.  
 Yes  No
-

**“Nasal polyps make me  
feel like I’m drowning  
in a sea of tissues.”**

Tired of tissues?

Learn more about advances in nasal polyp science.



# **Living With Nasal Polyps: The Next Step Forward**

Learn more about the advances in nasal polyp science  
and get the facts about type 2 inflammation.

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